

EMOTIONAL RANGE

Anger

Low	Medium	High
Annoyed	Agitated	Enraged
Bored	Disgusted	Furious
Bothered	Frustrated	Hostile
Dissatisfied	Indignant	Livid
Irritable	Irritated	Outraged
Tense	Resentful	Vengeful

*As a mood below the line:
Resentment, bitterness*

Fear

Low	Medium	High
Concerned	Apprehensive	Frightened
Guarded	Edgy	Frozen
Hesitant	Jumpy	Panicked
Reluctant	Nervous	Petrified
Suspicious	Startled	Shocked
Vulnerable	Worried	Terrified

*As a mood below the line:
Anxiety*

Sexual Feelings

Low	Medium	High
Aroused	Glowing	Enthralled
Attracted	Excited	Euphoric
Interested	Gleeful	Intoxicated
Inspired	Hot	Orgasmic
Stimulated	Passionate	Prolific
Tickled	Sensual	Rapturous

*As a mood below the line:
Lust*

Sadness

Low	Medium	High
Blue	Discouraged	Agony
Down	Gloomy	Anguished
Lonely	Hopeless	Devastated
Somber	Melancholic	Heartbroken
Solemn	Regretful	Grief-stricken
Unhappy	Sorrowful	Mourning

*As a mood below the line:
Apathy*

Joy

Low	Medium	High
Calm	Cheerful	Blissful
Carefree	Excited	Delighted
Content	Graceful	Ecstatic
Light-hearted	Optimistic	Enthusiastic
Peaceful	Proud	Elated
Relaxed	Thankful	Expansive

*As a mood below the line:
Denial*